Do any 5 assignments from below.

1. Exercise 6.20 from textbook [MBCT]
2. Exercise 6.21 from textbook [MBCT]
3. Exercise 6.23 from textbook [MBCT]
4. Exercise 6.26 from textbook [MBCT]
5. Exercise 7.7 from textbook [MBCT]
6. Exercise 7.8 from textbook [MBCT]
7. Exercise 7.9 from textbook [MBCT]
8. Exercise 7.10 from textbook [MBCT]